

PERMANENT COSMETICS AFTER-CARE

A permanent make up procedure is the equivalent of a skin-deep wound – like a scratch you might get around the house. Expect it to ooze a little, scab a little and heal in a similar time frame. Outer healing completes in 3-5 days for eyebrows and eyeliner applications and in 7-10 days for lips. Inner healing time completes in 1-2 months.

- Do not use ice packs to cool the treatment area as this can lead to complications.
- It is OK to use refrigerator-temperature cold packs but do not leave them on for extended periods of time (10 minutes is the maximum time recommended).
- Ointments –

Eyebrows: We recommend a THIN layer of Bacitracin be applied a few times per day to keep the area moist while outer healing occurs (3-5 days).

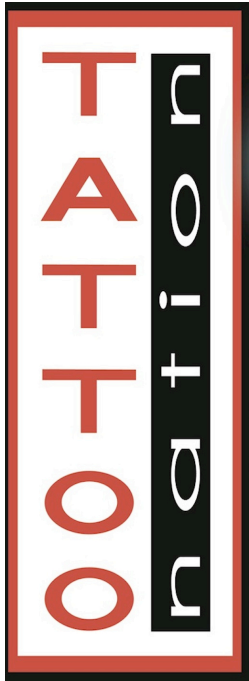
Eyeliner: We recommend GenTeal PM ointment as this is ophthalmic (safe for eyes) and preservative free. This can be used on the eyeliner treatment area and placed in the eyes if they become dry or irritated. If buying this from a store, ensure the box says PM on it, as it is the only one thick enough to be used like Vaseline. Use thin amounts continuously throughout the day until outer healing is complete (3-5 days).

Lips: We recommend Dr. Dan's Cortibalm. Apply thin amounts continuously throughout the day until outer healing is complete (7-10 days).

Please note that allergic reactions can occur with prolonged, continuous or over-use of ointment. Notify your permanent cosmetics artist at the first sign of allergic reaction or infection. If you suspect a problem is developing STOP using the current ointment and switch to another type. Moisturizers, serums or healing ointments with vitamins in it generally work well. Always try and use water soluble, non-comedogenic (pore clogging) products that will still allow the skin to breathe. If a product stings or burns when you apply it, don't use it.

- Avoid strenuous activity for 2 days
- Do not scrub, rub, wipe or scratch at the treatment area. Use patting motions only
- Keep the treatment area clean. Blot or rinse off any oozing. Mild soap or cleansers may be used as long as they are not alcohol based, do not have anti-aging acids or acne acids in them
- Do not expose the treatment area to the full pressure of your shower
- Try to sleep on your back and keep the treatment areas off of your pillow
- Do not peel or pick at any crust or scabs – this could cause scarring
- Do not expose the treatment areas to sun or tanning beds. Use sun block after the healing is complete to reduce premature fading
- Do not swim in fresh, salt or chlorinated water for 2 weeks
- Avoid environments where dirt or germs may get into the treatment area
- Do not apply topical cosmetics until the treatment area is completely healed
- Anti-aging products containing acids can cause premature fading

SEE REVERSE SIDE FOR TREATMENT SPECIFIC AFTERCARE INFORMATION



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Specific aftercare information for:

Eyeliner –

- Do not wear contact lenses for 24 hours after the procedure
- Do not dye, perm or use an eyelash curler for 2 weeks
- Do not use mascara until the outer healing is complete (3-5 days). If you plan on breaking this instruction, at the very least use a new tube of mascara due to the risks of bacterial presence in used tubes. Stay a little further out on the lashes – not too close to the treatment area. Remove with Vaseline or baby oil without rubbing it into the liner
- Follow ointment application procedures on previous page

Eyebrows –

- Do not dye, wax, tweeze or use electrolysis for 2 weeks in the treatment area
- It can take a little time for the eyebrow to soften up and for you to see how the color is setting in. After the outer healing has completed (3-5 days) you can put brow powder on to mask the inconsistencies while healing. If you use eye shadow as your brow powder, make sure it is matte and does not have any sprinkles in it

Lips –

- Lips will ooze for a couple of days. Blot away ooze and reapply ointment.
- After sleeping, crust will have dried on the lips. Rinse with water and/or put more ointment on to loosen crust – blot and reapply ointment
- Do not use facial tissues (Kleenex, etc) to blot the lips, as they will leave lint behind. Use something stronger and lint-free. We recommend Bounty paper towels
- Lips will be tender at first so drink through a straw and choose foods you can place in your mouth with a fork without touching the lips
- Try not to excessively stretch lips while they are healing (no big smiles, no puckering like you would do with smoking and blowing kisses)
- Around the 3rd day after treatment your lips should stop oozing and they will start peeling. This is when the chapped lip feeling is strongest. You can massage them by applying a thicker layer of ointment and with a clean finger; rub the ointment in circular motions. DO NOT peel at any of the loose skin. Let it come off naturally over time and with the ointment/finger massage. The ointment and massage should relieve the chapped lip feeling for several hours and then you can repeat the procedure. Lips will peel for about 1 week
- Keep toothpaste off the lips
- Do not have teeth bleached while your lips are healing
- Discomfort is normal on the day of procedure and should be less on the second day. If the pain has not started to subside after the 2nd day, something could be wrong and it is usually one of three things: 1) infection; 2) cold sore or; 3) allergic reaction to ointment. Switch ointment to rule out that cause and if pain continues see your physician.
- After the lips are healed over they will still feel more chapped than normal. This will subside over a period of weeks to months. Do not use anything made for cold sores or blisters (Carmex, Blistex, etc) - although they initially feel soothing, they turn around and dry the lips out.

**AT ANY TIME AFTER ANY PROCEDURE PLEASE FEEL FREE TO CONTACT
YOUR PERMANENT COSMETICS ARTIST WITH ANY QUESTIONS OR
CONCERNS**